TEAM OF THE FUTURE

An opportunity for teens to Join the Movement®

What's easy, fun and has a big impact?
Leading or joining Team of the Future at Walk MS!

Team of the Future is a chapterwide, super team made up of Walk MS teams led by young adults ages 13 to 18.

How do I start a team?

- Find out if your community hosts a Walk MS event or if there's one nearby by visiting myMSwalk.org.
- Choose the Walk MS event in which your team will participate, then select "Start a Team." In order to be recognized as a Team of the Future, be sure to include "Team of the Future" in your team name, but feel free to add your own twist. For example, Team of the Future – "HIGH SCHOOL" or "GROUP NAME."
- Once you register, set up your Personal Page. Everyone who registers will receive their own personal Web page to which friends and family can directly make donations! You can put up photos, update your fundraising results, share your story, etc. The more you personalize it, the more people will check back on your progress!
- Start fundraising. You can send fundraising emails from your Participant Center asking for support.
- Start recruiting teammates. Walking with others is more fun! Ask your friends, family and everyone you know to join you.
- Get your team members involved and plan fun activities to recruit and raise money.

How do I join an existing Team of the Future in my area?

Visit myMSwalk.org, choose your local walk site, select "Join a Team" and search "Team of the Future."

Want to make it even more fun? Let the competition begin!

Watch for updates at www.facebook.com/groups/TeenConnectionMS.

All registered Team of the Future team captains will compete for prizes. Gift cards will be sent to the team captains of the three largest teams led by teens in our chapter area.

For more teen programming, visit http://tinyurl.com/MSYouthPrograms.

Questions? Feel free to contact us!

Kris Van Osnabrugge , Director of Team Engagement
kris.vanosnabrugge@nmss.org | 612-335-7922

Krista Harding, Youth and Family Coordinator
krista.harding@nmss.org | 612-335-7937